**I Ride Green**

GEF’s *I Ride Green* program, in partnership with Amtrak, intends to motivate students and their families to adopt green transportation use. The goal is to inspire families and individuals to develop habits for sustainable transportation that promote health of the environment, economy, and people.

**According to the U.S. Department of Transportation, each day Americans collectively travel a total of 15 million miles on car trips that are ½ mile or less. These micro-trips account for nearly one million gallons of gasoline burned and 10,000 tons of CO2 released into the atmosphere daily.**

**Pledge to**

- Walk, bike, or skate to local destinations whenever safe and practical
- Advocate for the installation of safe sidewalks and bicycle paths
- Carpool or take public transportation when non-motorize transportation is infeasible
- Reduce auto emissions by shutting off engines when wait time is 20 seconds or more

**Curriculum & Activities**

Take advantage of GEF’s lesson sets for Middle School students about sustainable transportation

Lesson Examples include: Rail Riders, Walking My Neighborhood, Creating a CO2 Monster, Hybrid Engines, and Bike Psych

**Recommended Readings**

Take advantage of the I Ride Green suggested reading list for elementary, middle school, and high school classes

[www.greeneducationfoundation.org/i-ride-green-sub](http://www.greeneducationfoundation.org/i-ride-green-sub)